

# PCI TEEN CLINIC

Take charge of your health...it's your choice!

## Teen Clinic Hours:

Tuesday – Friday 8:00am – 3:30pm

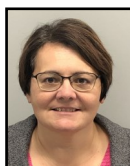
## To book an appointment:

TEXT or Call 204-870-0689 (Provide full name in text)

Or Call 204-857-6843 ext. 11609



Jackie Meulpolder



Receptionist

Dr. Shayne Reitmeier



2SLGBTQ+ Care

Rebecca Krause



Nurse Practitioner

Tracy Ediger



Public Health Nurse

Laine Hill



Mental Health & Addictions Nurse

Sacha Grimeau



Mental Health Counsellor

Carly Gabler



Registered Dietitians

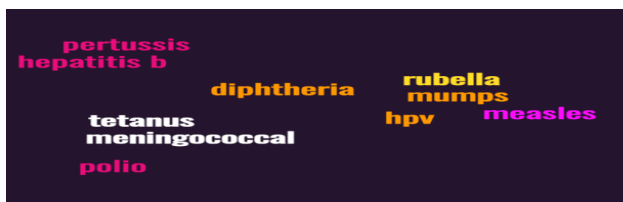
Kerby Sylvester



Betty Ryzner-Madsen



Substance Use Counsellor



Immunization is one of the most important ways to keep your self healthy.

Vaccines are very safe.



**MYTH:** I don't need vaccines because no one gets these diseases anymore.

**FACT:** These diseases still exist, even if they are rare. Thanks to vaccine programs, all vaccine-preventable diseases have declined in Canada. But when immunization rates drop, these diseases can come back.

## Unsure about your Immunizations?

Come see Tracy at PCI Teen Clinic or call/text 204-870-0817

Stay Healthy and get your flu and Covid shot!

November 15/23 Stride Place 11 am to 6 pm

Check out QR Code

for more information:



# Seasonal Flu Get the shot, not the flu!

Protect yourself. Protect your friends and family.